



Hey MARTINSVILLE, ARE YOU READY?

To help all of us keep our community safer in the event of an emergency, this year we are combining two important events:



Get Ready for the bush fire season

Martinsville Rural Fire Brigade Find out about the upcoming fire season and how to prepare to stay safer. COMMUNITY DEFIB PROJECT

Be ready for sudden cardiac arrest

Martinsville Defib Committee

Find out about how to safely and effectively use our community defibrillator.

Timetable

- 9.45 am Grab a free cuppa or a soft drink10.00 am Welcome to special guests and sponsors10.20 am Martinsville RFS Captain's Report
- 10.40 am Using our community AED to save a life: information and demonstration session
- 11.40 am Community BBQ, pick up Get Ready planners and
- 2.00 pm resources, hop in a fire truck, meet our members.



Sunday 22 Sept 9.45 am – 2.00 pm Martinsville RFS Station

MARTINSVILLE RFS Captain's Report

GET READY FOR BUSH FIRE

- Update on the coming 2024/5 bush fire season
- What we at Martinsville have learnt from 2023/4 fire season
- Changes in community preparation for fires and new fire danger signs
- Fire permits for pile burning
- Resources to assist community members to plan, prepare and act before and when there is a fire threat.

MARTINSVILLE Defib Committee

BE READY FOR SUDDEN CARDIAC ARREST

We now have a 24/7, community defibrillator (AED, Automated External Defibrillator) located at the Martinsville Recreation Grounds.

The AED is accessible by anyone and it is vital that we all know how to recognise and respond to sudden cardiac arrest and how to access and use this life-saving device.

Take this one-time opportunity to learn how to use our AED under the guidance of an intensive care paramedic. There will be plenty of time to practise and ask questions.

- How to identify sudden cardiac arrest and how it differs from a heart attack
- How to manage sudden cardiac arrest in adults, children and babies
- How to use the AED safely for you and the person experiencing sudden cardiac arrest
- Using the AED when a person has a pacemaker implanted.



Our community AED is located beside the notice board at Martinsville Recreation Grounds

With thanks to our major sponsor Origin Energy and to our Martinsville community sponsors and donors.







0409 837 315



